

# WELLBEING

**84%** of school children reported being worried about something in 2014/15.



More girls (89%) reported being worried than boys (78%).

#### **Worries**



They mainly worried about exams (59%) and the future (41%).

Other worries included 'the way I look' (32%) and 'relationships' with friends (24%) or parents/ carers (12%).

They were least worried about 'caring for a family member' or 'fear of violence and gangs' (both at 10%).

### Self-esteem



In 2010, **20%** of girls and **9%** of boys in Glasgow reported having low self-esteem.

## **Psycho-social functioning**



In 2015, children who lived in the most-deprived areas of Glasgow were 3 times more likely to have difficulties with social, emotional or behavioural development, compared to children from the least-deprived areas.

## **Bullying and offensive behaviour**



In 2014/15, **16%** of secondary school pupils reported they had been bullied at school and **8%** had been bullied online in the previous 12 months.

More girls were bullied than boys.



25%



1/%



The most common type of bullying was name calling:

79% in person 71% online

Of those bullied in person:

26% had been hurt.

**26%** involved pictures of the victim.

